



# *Kinki*

*Kinki region, includes the cities of Kyoto, Nara and Osaka, used to be the political center of Japan for over one thousand years and has a long and ancient history. Kyoto, having 17 UNESCO World Heritage Sites, is one of the must-see destinations, as well as Nara, the oldest capital in Japan. Besides these two ancient cities, there are a lot to see in this region; Koya-San, the Head Temple of Esoteric Buddhism in a sacred mountain which has a 1200-year-long history, Kumano Kodo network of pilgrimage routes through the forested mountains, and Ise-Jingu Shrine, one of Japan's most significant religious figures. Kinki, is truly a natural and spiritual treasury.*

